

Resource Themes	HWB E&Os	Wellbeing Indicators	Lessons	Date Delivered	Date Assessment & Comments
What do I feel?	HWB 1-01a HWB 2-01a HWB 1-03a HWB 2-03a HWB 1-04a HWB 2-04a HWB 1-05a HWB 2-05b HWB 1-08a HWB 2-08a HWB 2-44a HWB 2-44b HWB 2-45a	Safe Healthy Nurtured Achieving Respected Responsible Included	1: Friends 2: Gemma's story - Bullying 3: Billy's story - Friendship 4: Knowing Myself		
What do I need?	HWB 2-01a HWB 2-02a HWB 2-09a HWB 2-10a HWB 2-13a	Safe Healthy Nurtured Achieving Respected Responsible Included	1: Self-help skills 2: Inclusion/exclusion 3: Things I do - in school 4: Things I do - after school		
What do I want?	HWB 1-04a HWB 2-04a HWB 1-10a HWB 2-10a HWB 1-19a HWB2-19a HWB 1-20a HWB 2-20a	Safe Healthy Nurtured Achieving Respected Responsible Included	1: Decision making 2: Taking part in my community 3: Responsibilities in my community 4: What do we mean by work?		

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What do I value?	HWB 1-01a HWB 2-01a HWB 1-02a HWB 2-02a HWB 1-07a HWB 2-07a HWB 1-09a HWB 2-09a HWB 1-10a HWB 2-10a HWB 1-19a	Safe Healthy Nurtured Achieving Respected Responsible Included	1: Learning 2: What do I value? 3: Our values 4: Valuing money		
What do I think?	HWB 1-01a HWB 2-01a HWB 1-02a HWB 2-02a HWB 1-09a HWB 2-09a HWB 1-47a	Safe Healthy Nurtured Achieving Respected Responsible Included	1: My emotions 2: What is the truth? 3: Different beliefs		
What do I choose to do and say?	HWB 1-09a HWB 2-09a HWB 1-12a HWB 2-12a HWB 1-13a HWB 2-13a HWB 1-14a HWB 2-14a	Safe Healthy Nurtured Achieving Respected Responsible Included	1: Citizenship - Bullying 2: Citizenship - Actions and behaviours 3: Lewis's story – Volunteering		