

A Fixed Mind-Set

Intelligence cannot be developed

The learner believes:

- these are something to avoid
- they are a bad thing
- they are going to fail
- they are not good enough

Challenges/
Tasks

- they don't have any skills
- there is point in trying to improve their skills
- it is easier not to try as they fear failure

Skills

- they have no talent and are not good enough
- if you have to make an effort then you have no talent
- making an effort wastes energy

Effort

- feedback is an attack on them personally
- feedback is a negative thing
- it is best to ignore feedback
- reflecting on experiences is a way of highlighting negatives

Feedback

- when others succeed it makes them feel bad
- other people are more talented than them
- they could never achieve anything even if they tried

Success

A Growth Mind-set

Intelligence can be developed

The learner believes:

- these are an opportunity to improve themselves or change their situation
- these are opportunities to learn something new
- these experiences will motivate them

- they have skills to offer
- their skills can be improved through practice
- having a positive attitude will support them to improve their skills

- making an effort will lead to expertise and is essential to their personal development
- you have to make an effort to demonstrate your talent

- we learn from feedback and should use it to improve ourselves
- they need to be open to new ideas and suggestions from others
- we should always reflect on we have done so we can improve how we do it the next time

- other people's success raises their aspirations and self-belief
- we can be inspired and learn from other people's success
- other people's success motivates them to be successful

Non-Believer

Develops a negative mind-set and attitude to learning, life and work.

As a result they will struggle be a confident individuals, responsible citizens, active contributors and successful learners.

Believer

Develops a positive mind-set and attitude to learning, life and work.

As a result they will be a confident individuals, responsible citizens, active contributors and successful learners.